**THE BIG EIGHT UPDATE:**

**FOOD ALLERGY OCCURRENCE IN CHILDREN**

Soy allergies are rare. The American College of Allergy, Asthma and Immunology estimates **LESS THAN 1% OF ALL CHILDREN** have a soy allergy. Of those, by age 10, an estimated 70% will outgrow it.¹

There are more than 160 foods that can cause allergic reactions in people with food allergies.² The prevalence of soy allergy is lowest among the Big 8 major allergens in children.³

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**DID YOU KNOW?**

Highly refined soybean oil does not cause allergic reactions.⁴ The FDA does not require soybean oil to be labeled as an allergen.⁵

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² U.S. Food & Drug Administration Website. Frequently Asked Questions about Food Allergies. Available at: https://www.fda.gov/food/food-allergens/frequently-asked-questions-about-food-allergies