Did You Know?

Highly refined soybean oil does not cause allergic reactions. The FDA does not require soybean oil to be labeled as an allergen.  

Soy allergies are rare. The American College of Allergy, Asthma and Immunology estimates less than 1% of all children have a soy allergy. Of those, by age 10, an estimated 70% will outgrow it.  

There are more than 160 foods that can cause allergic reactions in people with food allergies. The prevalence of soy allergy is lowest among the Big 8 major allergens in children.  

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2) U.S. Food & Drug Administration Website. Frequently Asked Questions about Food Allergies. Available at: https://www.fda.gov/food/food-allergens/frequently-asked-questions-about-food-allergies  